

Hearing and Sight Care



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Scottish Charity Number SCO27221 :: Company Number 217561

Lipreading and Managing Hearing Loss Class

Date	Venue	Time
Thursdays from January 2023	Golspie Community Centre, 2 Back Road, Golspie, KW10 6RN	1 - 3pm
Fridays from January 2023	United Reform Church Hall, Castle Street, Thurso, Caithness, KW14 7JB	10.30 - 12.30
Fridays from January 2023	Armadale Village Hall, Armadale, Sutherland, KW14 7SA	2 - 4pm

Who are lipreading classes for?

Classes are for anyone who struggles to hear. A free 30 week course starts in October at each venue.

What your class will cover

In class you will meet others who have similar problems. You will

- learn more about how to get the best from today's hi tech hearing aids
- get information on organisations that can help you
- join in discussions on types of hearing loss and ways of coping
- learn tactics to use in difficult situations - and much more?

But above all you will improve the lipreading skills you already have - even if you are not aware of them. This will boost your confidence and allow you take charge of your own hearing loss.

Who will be teaching the class?

Debbie Miller, A Qualified Lipreading Tutor who is registered with ATLA (The Association of Teachers of Lipreading to Adults.)

Why not come along to one of the taster sessions, have a go and find out more..?

I look forward to seeing you at one of them.

Email: debbie.miller205@gmail.com

